

HEALTH

Handbook

2020-2021

Cities of Influence

“Every city is to be entered by workers trained to do medical missionary work. As the right hand of the third angel’s message, God’s methods of treating disease will open doors for the entrance of present truth.” Testimonies vol. 7 p. 59 (1902); Evangelism p. 515

“Medical missionary work gives opportunity for carrying forward successful evangelistic work. It is as these lines of effort are united, that we may expect to gather the most precious fruit of the Lord.” Review and Herald, Sept. 7, 1905; Evangelism p. 516

True Medical Missionaries

“Young men and women must be fitted to engage in medical missionary work as physicians and nurses. But before these workers are sent into the field, they must give evidence that they have the spirit of service, that they are breathing a medical missionary atmosphere, that they are prepared for evangelical work.” Evangelism p. 518

Ministry Bound Together

“The fifty-eighth chapter of Isaiah contains present truth for the people of God. Here we see how medical missionary work and the gospel ministry are to be bound together as the message is given to the world. Upon those who keep the Sabbath of the Lord is laid the responsibility of doing a work of mercy and benevolence. Medical missionary work is to be bound up with the message, and sealed with the seal of God.” Manuscript 22, 1901

Shortness of Time

“As religious aggression subverts the liberties of our nation, those who stand for freedom of conscience will be placed in unfavorable positions. For their own sake, they

should, while they have the opportunity, become intelligent in regard to disease, its causes, prevention and cure. All those who do this will find a field of labor anywhere. There will be suffering ones, plenty of them, who will need help, not only among those of our own faith, but largely among those who know not the truth. The shortness of time demands an energy that has not been aroused among those who claim to believe the present truth.” Counsels on Health p. 506

Overview & FAQ: HEALTH

The purpose of the **HEALTH** (Health Evangelism And Leadership Training for Him) evangelism program is to rapidly train medical missionaries to help create centers of influence where Christ-like medical missionary work will lead people to be ready for Christ's soon return.

What kind of program is the HEALTH Certificate?

This four-month immersion program focuses on the four parts of the HEALTH acronym:

Health: Courses in this category focus on the cause and prevention of major diseases. These classes consider the leading causes of disease from various angles emphasizing a natural approach toward healing.

Evangelism: Courses in this category focus on the practical delivery of health information for the purpose of winning souls. Most of our time will be spent preparing for and delivering actual health seminars for local communities. The students do not just learn theory; they work with instructors to participate in real health evangelism experiences.

And Leadership Training: Courses in this category are focused on learning the skills needed to be a successful leader of health ministries and evangelism in various settings (i.e. the local church, the local community, urban environments, a doctor's or dentist's office). In addition, business principles and ethics are covered in this category.

for Him: Courses in this category focus on the ultimate purpose of all evangelism—leading people into a saving relationship with the Lord and awareness of His last-day Seventh-day Adventist movement. Students will learn

practical ways of leading individuals to the Lord such as giving bible studies, literature evangelism, canvassing, community work, etc.

•***What will the instruction be like?***

The certificate includes interactive classroom training with health evangelism professionals, in tandem with field practicum. Students will earn valuable experience through local church outreach, hosting community health programs, providing health coaching and Bible studies.

•***What is the daily Class Schedule for HEALTH?***

Students begin the day with an hour of exercise from 6:00 am. Classes generally go from 9:00 am to 1:00 pm with select afternoon times Monday through Thursday. Students also participate in outreach programs for the community one or two evenings every week. Days and times are subject to being amended based on the focus of the HEALTH class.

•***What is taught in the HEALTH program?***

The HEALTH program is made up of 6 courses worth a total of 15 college credits:

HLED 324 | Principles of Health - 3 credits

A course taught by Dr. Neil Nedley M.D. The course provides in-depth material relating to the major Western Diseases affecting mankind and their prevention and/or treatment by lifestyle and other natural therapies.

RELB 271 | Religion & Health - 3 credits

A course taught by Don Mackintosh- Campus Pastor and former ER nurse. In this course, students gain knowledge

on the connection between health and faith from the perspective of inspiration (Bible and Spirit of Prophecy) and science.

LEAD 110-1 | Leadership in Health Evangelism - 2 credits

Includes a series of Lectures by entrepreneur Dean Dennis, physiotherapist Henri Escamilla and historian Dave Fiedler on health ministry, ministry development.

HCLP 230 | Lifestyle Coaching - 2 credits

Encompasses training and practicums in Lifestyle Coaching, Massage, Hydrotherapy, First Aid, BLS, Nutrition and Natural Remedies.

HLED 201 | Community Health Program - 2 credits

Comprised of a number of training sessions and certification on community health programs such as 'Diabetes Undone', 'Nedley Depression & Anxiety Recovery Program™', 'Cooking Schools' and 'Health Coaching'. Students will have the opportunity to and put on and facilitate each of these programs for the community.

RELP 320 | Personal Evangelism- 3 credits

In this course, students will learn the fascinating principles of soul-winning, the process of conviction and the art of leading people to decision making. Seasoned evangelist, Narlon Edwards, will expound upon the different ways to awaken a spiritual interest in others and effectively communicate biblical truth through friendship evangelism, literature distribution, bible studies, etc.

The HEALTH courses equip our students to:

- Have a health and spiritual testimony

- Lead out in a church health evangelism cycle
- Know how to effectively health coach individuals
- Present credible health education talks
- Know prevention and treatment for the major western diseases by lifestyle and other natural therapies
- Host community health programs
- Host health expos
- Know scientific studies that document the connection between religion and health
- Understand the unique mission and message of the Seventh Day Adventist Church
- Understand the signs of conviction by the Holy Spirit
- Know how to effectively coach people from health to and through the Bible

• ***Who should attend this type of program?***

The certificate is designed for both professional and lay people to be trained and equipped to be medical missionaries. We encourage every student who attends Weimar Institute to complete this certification upon entrance into the college. Not only does it provide practical, hands-on health evangelism training, but it is also a stepping stone to associate and baccalaureate degrees and can be completed in one semester.

HEALTH Online

The online program has been designed to take the HEALTH program to those who can't come to HEALTH.

•What will the instruction be like?

The modality of learning and opportunities for practicums are the major differences between the on-site and online program.

Online students will watch prerecorded classes as opposed to live classes and these will be interpolated with online quizzes, discussions and activities.

Students taking the HEALTH program for credit, will be required to do the HEALTH Internship Program. This will cover the practical aspect of the HEALTH program and includes securing an internship with a local Seventh-day Adventist Church. As part of the internship, the student will be working under the supervision of either the pastor, elder, health ministry or outreach director of the church with the help of their online advisor. Students will be required to host 4 community outreach programs in order to complete the internship.

Students auditing the program will be encouraged to, but will not be required to do the HEALTH Internship Program.

•Who should attend this type of program?

The online HEALTH program was designed for the individual who cannot attend the on-site program. With ample practical opportunities and direct contact with tutors and lecturers, the on-site program is superior than anything that could be provided virtually. However, an online program is ideal for those who have busy schedules, full time jobs or who cannot afford to come to HEALTH.

With that being said, the HEALTH program is for both professionals and lay people who have the interest in being trained and equipped to be medical missionaries wherever they are.

•***What is the schedule like?***

The online program is self-paced and can be taken in 4-18 months. Every student will follow the program in the same order, but at their own pace. The full time student can complete the program as expeditiously as 4 months. The part time student can spread the program out to up to 18 months.

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Encompasses training and practicums in Lifestyle Coaching, Massage, Hydrotherapy, Nutrition and Natural Remedies.

HLED 201 | Community Health Programs- 2 credits

Comprised of a number of training sessions and certification on community health programs such as 'Diabetes Undone', 'Nedley Depression & Anxiety Recovery Program™', 'Cooking Schools' and 'Health expo training'. Students will have the opportunity to and put on 4 community outreach programs as part of their internship.

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•What kind of support can I expect if take the HEALTH online program?

Online advisor

Each online student will have an online advisor. This will be the person who will guide and assist you throughout your course. You will be able to email and schedule meetings with this person.

Teaching assistant

Online students will not have direct access to teachers and lecturers. For academic support students will contact class TA's.

Tech support

Students who are having problems with the Canvas platform can contact easily contact tech support.

The Following FAQ's apply to both HEALTH and HEALTH Online:

•What are the expected outcomes for graduates after they successfully complete the program?

Graduates will be prepared to function in three key settings:

Local Churches: Graduates will be equipped to lead a number of types of health programs within the local church setting in a way that can provide them a modest level of support.

Local Communities: Graduates will be equipped to lead teams to survey and meet the needs of the community.

Clinical Settings: Students without prior training in the health professions will learn entry-level skills that can be utilized in clinical settings, such as medical and dental offices, to establish a relationship with patients, which can provide a foundation for spiritual care and outreach.

•What type of employment or occupation is this program designed to prepare students for?

This certificate program allows graduates to work in local churches as health evangelists and Bible workers, and competent leaders of ministry. Students can also continue their education to complete two or four year degrees and get further academic training within the medical, religion, or education fields.

Admissions Requirements

Students intending to complete HEALTH certification onsite and online are required to meet the following criteria and the general admissions policy of Weimar Institute (see section on General Education), including minimal levels of prior education, preparation, or training.

HEALTH and HEALTH Online Admission Requirements

As HEALTH graduates will be sent out as missionaries to heal a hurting world, they must have a reputable character and strong commitment of service to God. The criterion for admission into the program includes, but is not limited to, the following:

- Spiritual Commitment
- Ethical and Social Standing
- Emotional Balance
- Dedication to Health Evangelism and Service
- Compassion for People
- Dedication to a Healthy Lifestyle, including NEWSTART principles

Transfer Credits

Our curriculum is carefully designed as a whole to enhance your learning experience so we do not accept transfer credits towards the HEALTH program

For questions, please contact admissions@weimar.edu or call 530.422.7923.

Financial Information

One of the most important questions when applying to a program is, “What is the cost?” While we believe the training you will receive is invaluable in price, here’s a quick breakdown of what you will need to plan for. We have two options available: College Credit and Audit.

The Audit option is recommended for those who do not need college credit such as professionals or retirees or for those on a limited budget. The College Credit option is recommended for college students and those who would like to receive academic credit for their coursework. Students are required to indicate by registration which option they will choose as there is no retroactive credit awarded. The Audit option includes a letter of recommendation that is dependent on earned grades but doesn’t include a transcript. The College Credit option includes a transcript listing 15 credits and awards a certificate in Health Evangelism upon completion.

HEALTH Tuition & Fees

Tuition for credit*: \$8,500

Cost to Audit*: \$7,000

International students*: \$9,000- includes additional international Student Fee for I-20 visa processing (\$500). Proof of international student insurance and return ticket is required at registration.

*Includes: Tuition, room and 2 meals/day

Prices are subject to change

Down Payment Policy

All students are required to make a \$3000 down payment no later than registration day, and must have a solid financial plan in place for their tuition balance before being financially cleared to start courses.

Scholarships

HEALTH has a small scholarship fund available for worthy students. Funds are awarded based on availability, student need, and the discretion of the Worthy Student Committee. Please contact us at 530.422.7911 or at nramos@weimar.org to request a scholarship form.

*Not applicable for online students

Discounts

We offer the following discounts:

Early Application Discount \$ 75 (30 days before classes begin)

Buddy Discount \$150

Sign up with a friend or family member and both of you will receive the Buddy Discount of \$150.

Payment Information

Please refer to the following deadlines for payment of fees.

<u>Deadline</u>	<u>Amount Due</u>
With application	\$50 nonrefundable fee
Upon receipt of acceptance letter	Tuition
One month prior to start date	Room/board and fees

Refund Policy

Students will receive a 100% refund of all tuition charges if notice of cancellation is made through attendance at the first class session or the seventh day after enrollment (whichever is later). A completed official Withdrawal or Cancellation form must be filled with the Office of Admissions and Records. For students who have completed sixty percent or less of the period of attendance for the semester, the refund will be given on a pro rata basis as shown on the following chart. Student room and board is refunded based on the same percentage basis as tuition. All fees are non-refundable. Refunds will be sent to the student within 45 days of their cancellation or withdrawal.

Full semester refund

Date of withdrawal/ Cancellation	Refund received
1st week	100%
2nd & 3rd weeks	80%

4th & 5th weeks	60%
6th & 9th weeks	40%
10th week through end of term	0%

HEALTH Online Tuition & Fees

Tuition for credit*: \$4,500

Cost to Audit*: \$3,000

** Prices are subject to change*

Discounts

We offer the following discounts:

Buddy Discount **\$500**

Specifications:

- *Sign up with a friend or family member and both of you will receive the Buddy Discount of \$500.*
- *Applicants must attend the same church or a church in the same district.*
- *Discount applicable for up to 5 people enrolling together.*
- *If a student in the group does not complete the program, all students forfeit the discount.*

Group discount **\$1,000**

Specifications:

- *Sign up with a group of 5 or more people and you all will receive a discount of \$1000.*
- *Applicants must attend the same church or a church in the same district.*
- *If a student in the group does not complete the program, all students forfeit the discount.*

No student scholarships available for the HEALTH Online Program.

Payment Information

Students will only be granted log-in details and access to course once program has been paid in full.

Refund Policy

Cancellations submitted within 15 days of purchase are eligible for a full refund providing that student hasn't already started any class. Requests submitted within 15 days of starting first class are eligible for a 75% refund. No refunds will be made for cancellations after this 15-day period. All statements of cancellation must be submitted in writing to the records office at registrar@weimar.edu

HEALTH Certificate Course Requirements

A total of 15 semester credits are required to successfully complete the HEALTH certificate program. Additional non-credit seminars and symposiums will be available during the semester.

HLED 324 Principles of Health - 3 credits

RELB 271 Religion and Health - 3 credits

RELP 320 Personal Evangelism- 3 credits

LEAD 110 Leadership in Health Evangelism- 2 credit

HCLP 230 Lifestyle Coaching - 2 credits

HLED 201 Community Health Programs - 2 credits

Academics

Academic Calendar

FALL SEMESTER

August 19	New Student Dorm Move-In
August 20-21	New Student Orientation
August 24	First Day of Classes
August 24-29	Week of Spiritual Emphasis
September 1	Last Day to Register Last Day to Add, Withdraw, or Change to Audit Without Charge
September 2	Change in Course Enrollment Fee Applies
October 12-16	Midterms Week
October 21	Midterm Grades Due
October 22	Friday Schedule on Thursday
October 22-25	Fall R&R
November 4	Last Day to Withdraw with “W” or Audit
November 13-15	Colloquium Weekend
November 22-29	Thanksgiving Break
December 14	Last Day of Classes
December 15-17	Finals
December 30	Final Grades Due

HEALTH Graduation Requirements

Students pursuing HEALTH certification will need to fulfill one semester of 15 credits to attain certification. A minimum GPA of 2.5 is required to graduate, for those who graduate with credit. Students may alternately audit classes at a reduced price, with no minimum grade standard, but class attendance and test taking are still required.

Transferability of Credits

Students will earn a certificate in Health Evangelism and Leadership upon successful completion of the HEALTH program. Select courses will be available for application to other degrees and programs offered at Weimar Institute. Select courses may also count as elective credit. Contact admissions@weimar.edu for more information.

Credits earned at Weimar Institute or any other college or university are granted transferability at the complete discretion of the accepting institution. Weimar Institute is approved to grant degrees by the State of California's BPPE (Bureau of Private Postsecondary Education) and is accredited by the WASC Senior College and University Commission (WSCUC), 985 Atlantic Avenue, Suite 100, Alameda, CA 94501, 510.748.9001.

Student Handbook

This is an abbreviated version of the Weimar student handbook located at <https://weimar.edu/2019-2020-student-handbook-final-draft-online-02-5/>

Refer to it for additional details or clarification.

Alcohol, Tobacco and Drug Abuse

Our campus is a drug-free campus that actively seeks to provide an environment in harmony with the philosophy of the Seventh-day Adventist Church as well as state and federal laws. We have a zero-tolerance policy on drugs, alcohol, and tobacco.

Assault

In accordance with Weimar's campus policy, residence halls will not tolerate physical and/or verbal assault. Residents involved in this type of behavior will be subject to discipline, including possible dismissal. Local authorities may prosecute the resident.

Dating

Any student who is 20 years of age and older and feels they are ready to explore a relationship should first counsel with their parents and then a trusted faculty or staff member to help determine their personal readiness for courtship. Weimar Institute will take into consideration the wishes of any parent who feels he or she is unable to support their son or daughter's desire to enter into courtship.

Due to the nature and intensity of the program, students are encouraged to maintain a professional association with each other.

Dormitory Living

Dormitory rooms are double-occupancy at minimum. Group living situations provide excellent opportunities to practice personal courtesy, cooperate with each other, learn to meet others' needs, and develop social responsibility. All students should respect the privacy, personal feelings, and personal property of roommates and neighbors.

Pictures, posters, and wall hangings are not to be nailed, tacked, stapled, screwed or taped to the walls or woodwork. Posters and pictures must be put up with poster putty only. Students assume financial responsibility for any damage done to their rooms.

Dress Code

Faculty and students of Weimar Institute are asked to dress in a manner that positively reflects the Mission and Vision of Weimar Institute. Students should remember that they are always witnesses for Christ—both on and off campus. Since no dress code can cover all contingencies, students and faculty are expected to exercise Godly judgment in their choice of clothing based on the following principles of modesty (1 Peter 3:3-5), professionalism (Titus 2:7), and functionality (1 Timothy 2:9).

This list includes items that would be acceptable attire for various events. Dark wash, brown, black and maroon jeans are acceptable for classroom attire. Faculty, staff, and students are encouraged to wear their very best for Friday night and Sabbath services. For those involved in presenting during Sabbath services, please refer to the Church policy. The college may apply these dress categories (formal, business casual, and casual) to any college sponsored event, if necessary.

For more specific information on dress and appearance, please see pages.41-43 in student handbook:

<https://weimar.edu/2019-2020-student-handbook-final-draft-online-02-5/>

Prohibited Items

All guns, rifles, sling shots, starting pistols and paint guns are strictly prohibited on campus, in the residence halls or in a resident's car. Possession of martial arts weapons and knives larger than a pocketknife is also prohibited. Skateboards are not allowed on campus at any time. Selling, possessing, or using firecrackers or similar combustibles are a violation of campus, county and state fire ordinances. Possessing or using an M-80 is a violation of federal law. The illegal use of, or tampering with, fire protection equipment such as alarms, escapes, hoses and extinguishers is a violation of campus, county and state fire ordinances. Objects with open flames, candles, halogen lamps torches, incense, oil lamps, electric cooking appliances (other than microwaves), fireworks or combustible chemicals are prohibited in the residence halls.

Guarding the Mind

Students are urged to follow the counsel from Philippians 4:8, whether they are occupying their minds with studying or a leisure activity. Most modern television programming is not conducive to academic, spiritual, or social growth, therefore television sets are not allowed in student rooms or in residence halls. Video games are also not allowed. All forms of electronic media and reading material are to be used only in ways that clearly uplift the human spirit and respect the rights and tastes of others.

Students are encouraged to arrange a balanced schedule that allows time for personal Bible study, work, exercise, and timely completion of class assignments.

Internet & Telephone

Computers with Internet access are provided in the library and wireless Internet access is provided on campus as available. Weimar reserves the right to check the content of computer files on the campus and in individual rooms for illegal activities and pornographic materials. If you violate the law, criminal prosecution may result subject to the discretion of local law enforcement. Most cell phones get reasonably good reception at Weimar. There are no personal phones in student rooms.

Laundry

Washers and dryers are available for student use.

Medical Expenses

Students are responsible for their own medical and dental expenses, with the exception of expenses associated with an accidental injury. Weimar Institute carries accident insurance for each enrolled student. Weimar accepts no responsibility for illness-related health care beyond assistance for minor outpatient care by the campus health services. There is a nurse on duty 24 hours a day and a physician is available as needed. Major medical attention requiring inpatient care or services beyond the resources available is the responsibility of the student. Long-term medical needs treated by the staff will be billed to the student's account.

Spiritual Development

Attendance at Friday evening vespers, church services and other Sabbath services is expected. Sabbath is God's time for mankind to meet with Him in an atmosphere free from non-spiritual distractions. Primary attention is given to worship, rest, Christian fellowship and service from Friday sundown until Saturday sundown. During these hours, students are expected to refrain from secular entertainment, music, shopping,

restaurant dining, business transactions, sports, scholastic studies, work and other similar activities.

Transportation

Students will need to provide their own transportation to and from campus. There may be opportunity to carpool with other students if you do not have a personal vehicle.

Instructors and Partner Instructors

Don Mackintosh MDiv Pastor	Director of HEALTH, Nurse,
Neil Nedley, MD	Internal/Preventive Medicine, Gastroenterology
Henry Escamilla, MS	Physical Therapy
Randy Bivens, MD	Diagnostic Radiology
Dean Dennis, BA	Marketing
Karen Hamilton	BLS & First Aid
Dave Fiedler	History & Evangelism
Esther Juarez	Registered nurse
Ron Celestine	Natural Remedies
Eileen Kuninobu	Dietician
Julie Glass	Registered Nurse

Contact Information

HEALTH is located at:

Weimar College

20601 West Paoli Lane

Weimar, CA 95736

Mail is received at:

PO Box 486

Weimar, CA 95736

Be sure to note the HEALTH program and your name on any mail or packages sent to Weimar.

Office

Phone 530.422.7911

Fax 530.422.7948

nramos@weimar.org

www.weimar.edu

Directions

From Sacramento	From Reno
<p>Head East on I-80 Take exit 130 West Paoli Lane Turn Left onto West Paoli Lane and cross over the highway Turn Right at the end of the bridge After 0.1 mi turn Left onto Weimar Campus At the Y follow the road to the Left</p>	<p>Head West on I-80 Take exit 130 West Paoli Lane Follow the ramp around to the Right The road becomes West Paoli Lane After 0.3 mi turn Left onto Weimar Campus At the Y follow the road to the Left</p>

Weimar Inn

If you need a place to stay for an overnight stay, our Weimar Inn offers beautifully appointed rooms at reasonable prices.

Weimar Institute

Students who have an interest are welcome to contact Weimar Institute for a campus tour and to visit classes. Call 530.422.7923, email info@weimar.edu, or visit the college online at www.weimar.edu.

Family/Married Student Housing

Limited family/married student housing may be available but is not guaranteed. Please contact Pilar Iniguez at piniguez@weimar.org to find out more on current availability.